

Care Home Charter for Swallowing Medicines: Workshop

Developed by

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Lesson plan

Welcome and Introduction presentation	10 mins
Charter discussion and identification of potential benefits	10 mins
Case studies and videos	60 mins
Revision of potential benefits	10 mins
Development of implementation plan	30 mins

Scenario 1 (10 minutes)

One of your team has heard that people with dysphagia are three times more likely to have their medicines administered incorrectly and are more likely to die prematurely from pneumonia than those without. They would like to know what signs and symptoms they should look out for. What would you advise?

Scenario 2 (10 minutes)

Mrs Mabel Jones 85 years old, in a care home, has capacity but has decided that she no longer wants to take any of her tablets. You notice that the staff have been hiding them in her porridge to ensure that she continues to receive them.

Watch points 5 & 6 of the charter

<http://carehomecharter.org/i-am-a-care-worker>

Outline your thoughts on this below:

Scenario 3 (20 minutes)

Mr Harold Jacobs, 79 years old does not have capacity and refuses to take his medicines. The care staff ask for your advice as to how to administer medicines to him covertly.

Outline your response to this below:



Scenario 4 (20 minutes)

85 year old resident with dementia has been found to be aspirating her food and liquids. The speech and language therapist recommends thickened products should be prescribed.

What would you advise with respect to their medicines?

- Aspirin 75mg tablets once daily
- Clopidogel 75mg tablets once daily
- Zopiclone 7.5mg tablets once daily
- Lactulose liquid As required
- Furosemide 40mg tablets once daily
- Amlodipine 5mg tablets once daily
- Simvastatin 40mg tablets once daily
- Bisoprolol 5mg tablets once daily
- Mesalazine 400mg tablets three times a day
- Risperidone 500mcg tablets twice daily
- Ibuprofen 400mg tablets As required

Watch Points 2, 3, 4 & 9 of the charter

<http://carehomecharter.org/i-am-a-care-worker>

Charter Implementation

Tools, which were created to support charter implementation as a result of the feasibility testing evening, are provided on the website:

- Dysphagia checklist (already covered)
- Care plan reminder template
- Audit checklist

Resources are also signposted

- Medicines related information
- Care home staff training
- Free on-line course (MOOC)
- Useful organisations

In small groups, discuss how you may implement the charter in your home (5 minutes)

Ideas for implementation