

Care Home Charter for Swallowing Medicines: Launch event

Presented by

Frances Hollwey
Project manager

The Patients Association, PO Box 935, Harrow, London. HA1 3UJ.
Frances.hollwey@patients-association.com

David Wright

Professor of Pharmacy Practice
School of Pharmacy, University of East Anglia, NR4 7TJ
d.j.wright@uea.ac.uk

Evening plan

6.00pm

Buffet Supper

6.15 Welcome and Introductions (FH)

Introduce yourself and the Patients Association

Ask everyone to introduce themselves

Present a copy of the charter to everyone in the room (perhaps a couple of laminated copies per home as well?)

Explain why it was developed, who developed it and its purpose

Then what we learned from the feasibility evening and what we want to achieve from the pilot, with an outline of the fact that there are four sites, 30+homes and a planned evaluation at one month and six months.

Introduce the website

Show Joanne Strains & Sharon Aldridge Bent videos

6.45 pm Case studies 1 to 4 (DW)

Designed to demonstrate different elements of the website

8.00pm Implementation and evaluation (DW)

Roundtable discussion + Agreement regarding implementation plan

Presentation of proposed questionnaire

8.30pm Finish

Scenario 1 (10 minutes)

One of your team has heard that people with dysphagia are three times more likely to have their medicines administered incorrectly and are more likely to die prematurely from pneumonia than those without. They would like to know what signs and symptoms they should look out for? What would you advise?

Take them to support tools to show them the answer to this

<http://carehomecharter.org/identifying-dysphagia>

Scenario 2 (10 minutes)

Mrs Mabel Jones 85 years old, in a care home, has capacity but has decided that she no longer wants to take any of her tablets. You notice that the staff are hiding them in her porridge to ensure that she continues to receive them.

Watch points 5 & 6 of the charter


<http://carehomecharter.org/i-am-a-care-worker>

Outline your thoughts on this below:

Scenario 3 (20 minutes)

Mr Harold Jacobs, 79 years old has been assessed as not having capacity and is refusing to take his medicines. The care staff ask for your advice as to what they should do to enable them to administer his medicines covertly.

Outline your response to this below:

A large, empty rectangular box with a thin black border, intended for the student to write their response to the scenario. The box occupies most of the lower half of the page.

Scenario 4 (20 minutes)

85 year old resident has been found to be aspirating her food and liquids. The speech and language therapist recommends thickened products should be prescribed.

What would you advise with respect to their medicines?

- Aspirin 75mg tablets once daily
- Clopidogel 75mg tablets once daily
- Zopiclone 7.5mg tablets once daily
- Lactulose liquid As required
- Furosemide 40mg tablets once daily
- Amlodipine 5mg tablets once daily
- Simvastatin 40mg tablets once daily
- Bisoprolol 5mg tablets once daily
- Mesalazine 400mg tablets three times a day
- Risperidone 500mcg tablets twice daily
- Ibuprofen 400mg tablets As required

Watch Points 2, 3, 4 & 9 of the charter

<http://carehomecharter.org/i-am-a-care-worker>

NB Involve resident and relatives

Use appropriate member of healthcare team

Record all actions

Notes

Aspirin can be given as dispersible

Clopidogrel should be stopped 12 months after initiation in some cases

Zopiclone shouldn't be crushed and they should try to discontinue it

Lactulose should be given regularly to be effective, better preps available – constipation is a cause of BPSD

Furosemide liquid available

Amlodipine liquid available but could be stopped

Simvastatin liquid available but could be stopped

Bisoprolol probably safe to crush but again question long term benefit

Mesalazine enteric coated – granules available

Risperidone should only be used for six weeks

Ibuprofen available as liquid – should be used regularly in people with dementia

Introduce Swallowingdifficulties.com under Resources on website

<http://carehomecharter.org/resources>

Charter Implementation

Tools, which were created to support charter implementation as a result of the feasibility testing evening, are provided on the website:

- Dysphagia checklist (already covered)
- Care plan reminder template
- Audit checklist

Resources are also signposted

- Medicines related information
- Care home staff training
- Free on-line course (MOOC)
- Useful organisations

In small groups, discuss how you may implement the charter in your home (5 minutes)

Ideas for implementation

Evaluation and payment

Payment to home of

- £100 for attendance of two staff tonight
- £100 for completion and return of six questionnaires (2 senior staff, 2 care staff and 2 residents per home)

Forms for claiming provided. Please send to David Wright.